OCTOBER 2026

TASTY | HEALTHY | FUN | VARIETY | BALANCED

Name of the menu :K-8 A Breakfast w Cereal Menu

Meal Pattern :NSLP

Grade : K-8 A

Meal : Breakfast

Week II — BREAKFAST

Thursday, 10/1/2026	Friday, 10/2/2026
Honey Breakfast Bun 100% 4.23 oz Fruit Juice Choice Milk & Second Fruit	**Banana Muffin** 100% 4.23 oz Fruit Juice Choice Milk & Second Fruit

Entrée of the Day is 2 Whole Grain Items Equivalent.

Week III — BREAKFAST

Monday, 10/5/2026	Tuesday, 10/6/2026	Wednesday, 10/7/2026	Thursday, 10/8/2026	Friday, 10/9/2026
Assorted Cereal Bowl 100% 4.23 oz Fruit Juice Choice Milk & Second Fruit	**Smoothie Day - Drink Your Breakfast** Yogurt & Fruit Smoothie | Berry Apple Crispie Bar Choice Milk & Second Fruit	Fun Chocalate-y Day **Choco Chip Muffin** 100% 4.23 oz Fruit Juice Choice Milk & Second Fruit	**Banana Bread Super Slice** 100% 4.23 oz Fruit Juice Choice Milk & Second Fruit	**Cinnamon Roll** 100% 4.23 oz Fruit Juice Choice Milk & Second Fruit

Entrée of the Day is 2 Whole Grain Items Equivalent.

Week IV — BREAKFAST

Monday, 10/12/2026	Tuesday, 10/13/2026	Wednesday, 10/14/2026	Thursday, 10/15/2026	Friday, 10/16/2026
Assorted Cereal Bowl 100% 4.23 oz Fruit Juice Choice Milk & Second Fruit	**Sliced Bagel w/ Strawberry Cream Cheese** 100% 4.23 oz Fruit Juice Choice Milk & Second Fruit	**Pumpkin Muffin** 100% 4.23 oz Fruit Juice Choice Milk & Second Fruit	Fun Donut Day **Mini Donut Bites** 100% 4.23 oz Fruit Juice Choice Milk & Second Fruit	**Ultimate Breakfast Round** 100% 4.23 oz Fruit Juice Choice Milk & Second Fruit

Entrée of the Day is 2 Whole Grain Items Equivalent.

Week V — BREAKFAST

Monday, 10/19/2026	Tuesday, 10/20/2026	Wednesday, 10/21/2026	Thursday, 10/22/2026	Friday, 10/23/2026
Assorted Cereal Bowl 100% 4.23 oz Fruit Juice Choice Milk & Second Fruit	**Blueberry Muffin** 100% 4.23 oz Fruit Juice Choice Milk & Second Fruit	Fun Chocalate-y Day **Chocolate Swirls** 100% 4.23 oz Fruit Juice Choice Milk & Second Fruit	**Apple Fritter Bun** 100% 4.23 oz Fruit Juice Choice Milk & Second Fruit	**Glazed PullAparts** 100% 4.23 oz Fruit Juice Choice Milk & Second Fruit

Entrée of the Day is 2 Whole Grain Items Equivalent.

Week VI — BREAKFAST

Monday, 10/26/2026	Tuesday, 10/27/2026	Wednesday, 10/28/2026	Thursday, 10/29/2026	Friday, 10/30/2026
Fun Nom-Nom Day **Brekkie** 100% 4.23 oz Fruit Juice Choice Milk & Second Fruit	**Assorted Cereal Bowl** 100% 4.23 oz Fruit Juice Choice Milk & Second Fruit	**Blueberry Breakfast Bread** 100% 4.23 oz Fruit Juice Choice Milk & Second Fruit	**Cinnamon Swirls** 100% 4.23 oz Fruit Juice Choice Milk & Second Fruit	**Confetti Maple Waffle** (Natural Colors) 100% 4.23 oz Fruit Juice Choice Milk & Second Fruit

Entrée of the Day is 2 Whole Grain Items Equivalent.

*** Three Items meet USDA requirements (One Item must be fruit).

Assorted Fluid Milk / Fluid Milk Substitute Choices offered.

This menu is pork-free.

This menu uses WG products and 100% full-strength juices in all featured places. Check page 2 to know more about what goes into our menus and to take a peek at the upcoming menu plan.

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Menu is subject to infrequent changes

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WHAT GOES INTO OUR MENUS?

All bread /bread products /chips /tortillas /pastas listed in the menu are whole grain products.

All rice dishes /rice products are made of whole grain brown rice.

All juices listed in the menu are 100% full-strength fruit Juice.

(Menu Subject to Change) **NOVEMBER 2026**

	TASTY	HEALTHY	FUN	VARIETY	BALANCED
	Monday, 11/2/2026	Tuesday, 11/3/2026	Wednesday, 11/4/2026	Thursday, 11/5/2026	Friday, 11/6/2026
Week I BREAKFAST	**Assorted Cereal Bowl** 100% 4.23 oz Fruit Juice Choice Milk & Second Fruit	**Smoothie Day - Drink Your Breakfast** Yogurt & Fruit Smoothie | Strawberry Crispie Bar Choice Milk & Second Fruit	**Apple Muffin** 100% 4.23 oz Fruit Juice Choice Milk & Second Fruit	**Pumpkin Bread Super Slice** 100% 4.23 oz Fruit Juice Choice Milk & Second Fruit	Fun Donut Day **Chocolate Cake Donut** 100% 4.23 oz Fruit Juice Choice Milk & Second Fruit
	Entrée of the Day is 2 Whole Grain Items Equivalent.				
	Monday, 11/9/2026	Tuesday, 11/10/2026	Wednesday, 11/11/2026		
Week II BREAKFAST	**Assorted Cereal Bowl** 100% 4.23 oz Fruit Juice Choice Milk & Second Fruit	Fun Nom-Nom Day **Apple Cinnamon Brekkie** 100% 4.23 oz Fruit Juice Choice Milk & Second Fruit	**Dunkin Stix** 100% 4.23 oz Fruit Juice Choice Milk & Second Fruit		
	Entrée of the Day is 2 Whole Grain Items Equivalent.				

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