



Menu Name : North Metro Flex Academy Grades K-8 Lunch Menu

Grade Level / Age Group : K-8 Grades

Meal Pattern : NSLP

Meal: Lunch

**May - 2024**

		Wednesday, May 1, 2024	Thursday, May 2, 2024	Friday, May 3, 2024			
<b>Hot Meal</b>		<b>Soft Tortilla Taco</b>	<b>Mandarin Orange Chicken</b>	<b>Fresh Hot Delivered Pizza</b>	<b>Week II</b>		
		Seasoned Beef, Cheese & Crema	Steamed Brown Rice	Baby Carrots & Dip			
		Steamed Corn, Shredded Lettuce	Garden Greens Salad & Homemade Dressing	Crisp Varietal Apple			
		Banana	Fresh Orange	Choice Milk			
		Choice Milk	Choice Milk				
		Monday, May 6, 2024	Tuesday, May 7, 2024	Wednesday, May 8, 2024	Thursday, May 9, 2024	Friday, May 10, 2024	
<b>Hot Meal</b>		<b>Chicken Tenders &amp; Ketchup</b>	<b>Turkey Pepperoni Calzone</b>	<b>Southern Drumstick</b>	<b>Cheesy Beef Nachos</b>	<b>Fresh Hot Delivered Pizza</b>	<b>Week III</b>
		Baby Carrots & Dip	Steamed corn	Mildly Seasoned Chicken Drumstick	Drizzle Cheese Sauce on top of Tostitos & Seasoned Beef	Garden Greens Salad & Dressing	
		Cinnamon Apple Slices	Chilled Pears	Fresh Sliced Cucumbers	Lemony Pinto Beans	Crisp Varietal Apple	
		Choice Milk	Choice Milk	Banana	Fresh Orange	Choice Milk	
		Wafers		Grahams & Choice Milk	Choice Milk		
		Monday, May 13, 2024	Tuesday, May 14, 2024	Wednesday, May 15, 2024	Thursday, May 16, 2024	Friday, May 17, 2024	
<b>Hot Meal</b>		<b>Cheeseburger</b>	<b>Stack &amp; Chomp Waffles w/ Syrup</b>	<b>Corn Dog</b>	<b>Asian Chicken Pot Stickers</b>	<b>Fresh Hot Delivered Pizza</b>	<b>Week IV</b>
		Bakery Bun & Ketchup	Stack your mini Belgium Waffles on top of each other for a delicious chomp	WG Chicken Corn Dog served w/ Ketchup	Teriyaki Dipping Sauce	Mixed Greens Salad & Dressing	
		Steamed Corn	Fruited Yogurt Cup	CKC Baked Beans & Carrot Slims	Sliced Cucumbers	Crisp Varietal Apple	
		Cinnamon Apple Slices	Glazed Carrots	Banana	Fresh Orange	Choice Milk	
		Choice Milk	Chilled Pears & Choice Milk	Vanilla Wafers & Choice Milk	Choice Milk		
		Monday, May 20, 2024	Tuesday, May 21, 2024	Wednesday, May 22, 2024	Thursday, May 23, 2024	Friday, May 24, 2024	
<b>Hot Meal</b>		<b>Crunchy Tender Roll-up</b>	<b>Sweet &amp; Sour Chicken</b>	<b>Walking Taco</b>	<b>Teriyaki Drumstick</b>	<b>Fresh Hot Delivered Pizza</b>	<b>Week V</b>
		Wg Tortilla, Chix Tenders, Boom Sauce	Steamed Seasoned Rice	Nacho Chz Doritos, Seasoned Beef	WG Bakery Roll	Broccoli Florets & Dip	
		Shred Lettuce & Steamed Corn	Baby Carrots & Dip	w/ Shred Chz	Sliced Cucumbers & Dip	Crisp Varietal Apple	
		Cinnamon Apples	Chilled Pears	Cheesy Refried Beans	Fresh Orange	Choice Milk	
		Choice Milk	Choice Milk	Banana & Choice Milk	Choice Milk		
		Monday, May 27, 2024	Tuesday, May 28, 2024	Wednesday, May 29, 2024	Thursday, May 30, 2024	Friday, May 31, 2024	
<b>Hot Meal</b>		<b>Premium Chicken Nuggets w/ Ketchup</b>	<b>Hot Italian Sub</b>	<b>Sesame Chicken Bites</b>	<b>Fritos Enchilada Nachos</b>	<b>Fresh Hot Delivered Pizza</b>	<b>Week VI</b>
		WG Roll	'All Beef' Marinara Meatballs & Shred Cheese served on WG Bun	Glazed Carrots	Top your Fritos corn chips with Delicious Enchilada chicken, Shred Chees, Lettuce & Boom Sauce	Crisp Broccoli & Dip	
		Steamed Corn	Steamed Green Beans	Cinnamon Grahams		Crisp Varietal Apple	
		Cinnamon Apples	Chilled Pears	Banana	Cheesy Refried Beans	Choice Milk	
		Choice Milk & Mixed berry crackers	Choice Milk	Choice Milk	Fresh Orange & Choice Milk		

Skim & 1% milk served daily.

All bread /bread products /chips /tortillas /pastas listed in the menu are whole grain products.

The menus are 100% pork-free.

All rice dishes /rice products are made of whole grain brown rice.



**JUNE 2024 Menu (Subject to Change)**

	Monday, June 3, 2024	Tuesday, June 4, 2024	Wednesday, June 5, 2024	
<b>Hot Meal</b>	<b>Asian Chicken Pot Stickers</b>	<b>CKC Sticky Drumstick</b>	<b>All Beef Hot Dog</b>	<b>Summer Holidays!</b>
	Teriyaki Dipping Sauce	Baby Carrots	WG Bun, Ketchup	
	Celery Sticks	Chilled Pears	CKC Baked Beans & Carrot Slims	
	Cinnamon Apples	Choice Milk	Banana	
	Choice Milk	Wafers	Choice Milk	

**Week 1**