

Menu Name : K-8 A Bagged Breakfast w Cereal Menu		Meal Pattern : NSLP			Meal : Breakfast	
Grade Level / Age Group : K-8 Grades		JANUARY - 2025				
Breakfast	COLOR YOUR TRAY: The Power of Fruits in School Meals		Wednesday, January 1, 2025		Thursday, January 2, 2025	
	<p>From fresh and frozen to canned, dried and 100% juice, all forms of fruit have a place on our school meal menus. Whether it's enjoying a juicy pear at lunch or enjoying a handful of raisins as a snack, every fruit choice contributes to one's overall health and well-being.</p> <p>Fruit is packed with essential vitamins, minerals and antioxidants that promote overall health and well-being. Whether it's the vitamin C boost from citrus fruits, the potassium-rich goodness of bananas or the fiber-packed sweetness of apples, each fruit offers its unique nutritional benefits. By incorporating a variety of fruits into our school meals, we provide students with a range of nutrients to help them thrive both in and out of the classroom.</p>		Orange Dream Muffin		Vanilla Boli	
			100% 4.23 oz Fruit Juice (1 item)		100% 4.23 oz Fruit Juice (1 item)	
			Choice Milk & Second Fruit (1 item each)		Choice Milk & Second Fruit (1 item each)	
<p>Blueberry Snack'n Waffle</p> <p>100% 4.23 oz Fruit Juice (1 item)</p> <p>Choice Milk & Second Fruit (1 item each)</p> <p>Entrée of the Day is 2 Whole Grain Items Equivalent. Chef's Choice, equivalent to 2 Items, may be offered in place of the Entrée of the Day.</p>						
Breakfast	Monday, January 6, 2025		Tuesday, January 7, 2025		Wednesday, January 8, 2025	
	French Toast Breakfast Bread		Assorted Big Cereal Bowl		Trix Big Muffin	
	100% 4.23 oz Fruit Juice (1 item)		100% 4.23 oz Fruit Juice (1 item)		100% 4.23 oz Fruit Juice (1 item)	
	Choice Milk & Second Fruit (1 item each)		Choice Milk & Second Fruit (1 item each)		Choice Milk & Second Fruit (1 item each)	
<p>Mini Cinnis</p> <p>100% 4.23 oz Fruit Juice (1 item)</p> <p>Choice Milk & Second Fruit (1 item each)</p> <p>Pancake Puffs Pack</p> <p>100% 4.23 oz Fruit Juice (1 item)</p> <p>Choice Milk & Second Fruit (1 item each)</p> <p>Entrée of the Day is 2 Whole Grain Items Equivalent. Chef's Choice, equivalent to 2 Items, may be offered in place of the Entrée of the Day.</p>						
Breakfast	Monday, January 13, 2025		Tuesday, January 14, 2025		Wednesday, January 15, 2025	
	Assorted Big Cereal Bowl		WG Muffin		Chocolate Swirl	
	100% 4.23 oz Fruit Juice (1 item)		100% 4.23 oz Fruit Juice (1 item)		100% 4.23 oz Fruit Juice (1 item)	
	Choice Milk & Second Fruit (1 item each)		Choice Milk & Second Fruit (1 item each)		Choice Milk & Second Fruit (1 item each)	
<p>Stuffed Cream Cheese Bagels</p> <p>100% 4.23 oz Fruit Juice (1 item)</p> <p>Choice Milk & Second Fruit (1 item each)</p> <p>Cake Glazed Donut</p> <p>100% 4.23 oz Fruit Juice (1 item)</p> <p>Choice Milk & Second Fruit (1 item each)</p> <p>Entrée of the Day is 2 Whole Grain Items Equivalent. Chef's Choice, equivalent to 2 Items, may be offered in place of the Entrée of the Day.</p>						
Breakfast	Monday, January 20, 2025		Tuesday, January 21, 2025		Wednesday, January 22, 2025	
	WG Brekkie		Assorted Big Cereal Bowl		Banana Loaf	
	100% 4.23 oz Fruit Juice (1 item)		100% 4.23 oz Fruit Juice (1 item)		100% 4.23 oz Fruit Juice (1 item)	
	Choice Milk & Second Fruit (1 item each)		Choice Milk & Second Fruit (1 item each)		Choice Milk & Second Fruit (1 item each)	
<p>Maple Snack'n Waffle</p> <p>100% 4.23 oz Fruit Juice (1 item)</p> <p>Choice Milk & Second Fruit (1 item each)</p> <p>Cinnamon Toast Crunch Muffin</p> <p>100% 4.23 oz Fruit Juice (1 item)</p> <p>Choice Milk & Second Fruit (1 item each)</p> <p>Entrée of the Day is 2 Whole Grain Items Equivalent. Chef's Choice, equivalent to 2 Items, may be offered in place of the Entrée of the Day.</p>						
Breakfast	Monday, January 27, 2025		Tuesday, January 28, 2025		Wednesday, January 29, 2025	
	Assorted Big Cereal Bowl		Pumpkin Muffin		Chocolate Cake Donut	
	100% 4.23 oz Fruit Juice (1 item)		100% 4.23 oz Fruit Juice (1 item)		100% 4.23 oz Fruit Juice (1 item)	
	Choice Milk & Second Fruit (1 item each)		Choice Milk & Second Fruit (1 item each)		Choice Milk & Second Fruit (1 item each)	
<p>Caramel Mini Cinnis</p> <p>100% 4.23 oz Fruit Juice (1 item)</p> <p>Choice Milk & Second Fruit (1 item each)</p> <p>Pancake Puffs Pack</p> <p>100% 4.23 oz Fruit Juice (1 item)</p> <p>Choice Milk & Second Fruit (1 item each)</p> <p>Entrée of the Day is 2 Whole Grain Items Equivalent. Chef's Choice, equivalent to 2 Items, may be offered in place of the Entrée of the Day.</p>						

*** Three Items meet USDA requirements (One Item must be fruit).

Skim & 1% milk served daily.

All bread / bread products / chips / tortillas / pastas listed in the menu are whole grain products.

This menu is 100% pork-free.

All rice dishes / rice products are made of whole grain brown rice.



FEBRUARY 2025 Menu (Subject to Change)						
Breakfast	Monday, February 3, 2025	Tuesday, February 4, 2025	Wednesday, February 5, 2025	Thursday, February 6, 2025	Friday, February 7, 2025	Week VI
	Assorted Big Cereal Bowl	Choco-Crisp Belgian Waffle	WG Muffin	Glazed Honey Breakfast Bun	Banana Chocolate Chip Oatmeal Round	
	100% 4.23 oz Fruit Juice (1 item) Choice Milk & Second Fruit (1 item each)	100% 4.23 oz Fruit Juice (1 item) Choice Milk & Second Fruit (1 item each)	100% 4.23 oz Fruit Juice (1 item) Choice Milk & Second Fruit (1 item each)	100% 4.23 oz Fruit Juice (1 item) Choice Milk & Second Fruit (1 item each)	100% 4.23 oz Fruit Juice (1 item) Choice Milk & Second Fruit (1 item each)	
<i>Entrée of the Day is 2 Whole Grain Items Equivalent. Chef's Choice, equivalent to 2 Items, may be offered in place of the Entrée of the Day.</i>						
Breakfast	Monday, February 10, 2025	Tuesday, February 11, 2025				Week I
	Assorted Big Cereal Bowl	Lemon Poppyseed Breakfast Bread				
	100% 4.23 oz Fruit Juice (1 item) Choice Milk & Second Fruit (1 item each)	100% 4.23 oz Fruit Juice (1 item) Choice Milk & Second Fruit (1 item each)				
<i>Entrée of the Day is 2 Whole Grain Items Equivalent. Chef's Choice, equivalent to 2 Items, may be offered in place of the Entrée of the Day.</i>						