

DECEMBER 2025

TASTY

HEALTHY

FUN

VARIETY

BALANCED

Name of the menu : North Metro Flex Academy Lunch Menu

Grade : K-8 Grades

Meal Pattern : NSLP

Meal : Lunch

	Monday, 12/1/2025	Tuesday, 12/2/2025	Wednesday, 12/3/2025	Thursday, 12/4/2025	Friday, 12/5/2025
Week I HOT MEAL	Premium Chicken Patty Sandwich	Brunch Lunch	Beef Pretzel Dog	Asian Chicken Dumplings	Fresh Hot Delivered Pizza
	WG Bun & Ketchup	French Toast Sticks w/ Syrup PC	Served with Ketchup	Teriyaki Dip	Sliced Cucumbers & Dip
	Fava Bean Crisps	Baby Carrots w/ Ranch	Steamed Corn & Cucumbers	Steamed Broccoli	Fresh Cut Apple Wedges
	Carrot Slims	Fresh Orange	Banana & Choice Milk	Fresh Honeydew Chunks	Choice Milk
	Fruit Cup & Choice Milk	Choice Milk	Yahoo! Special Chips Day! Baked Cheetos	Choice Milk	
	Monday, 12/8/2025	Tuesday, 12/9/2025	Wednesday, 12/10/2025	Thursday, 12/11/2025	Friday, 12/12/2025
Week II HOT MEAL	All Beef Hot Dog	Twin Faves Day	Beef Taco	Chicken Tender Shack	Fresh Hot Delivered Pizza
	Hot Dog Bun, Ketchup & Mustard	Chicken Nuggets w/ Ketchup	Seasoned Beef Taco, WG Tortilla	Chicken Tenders, WG Bun & Coleslaw	Paired with Chopped Italian Salad
	Steamed Corn	Creamy Mac & Cheese	Fill the taco with Shred Lettuce, Shred Cheddar Cheese & Salsa	Enjoy as a sandwich or savor the tenders solo with the ketchup(served with the meal)	(Romaine, Shred Carrots & Grape Tomatoes with Italian Dressing)
	Fruit Cup & Choice Milk	Celery & Carrots	Cheesy Refried Beans	Sliced Cucumbers w/ Dip	Fresh Cut Apple Wedges
	Hooray! Special Chips Day! Cool Ranch Doritos	Fresh Orange & Choice Milk	Banana & Choice Milk	Fresh Honeydew Chunks & Choice Milk	Choice Milk
	Monday, 12/15/2025	Tuesday, 12/16/2025	Wednesday, 12/17/2025	Thursday, 12/18/2025	Friday, 12/19/2025
Week III HOT MEAL	Roasted Chicken Drumstick	Brunch Lunch	Hot Italian Beef Meatball Sub	Sweet & Sour Chicken	Fresh Hot Delivered Pizza
	Mashed Potatoes	Buttermilk Pancakes w/ Syrup	Marinara Meatballs, WG Sub, Mozzarella Cheese (Served Separately)	Steamed Seasoned Rice	Salad Greens & Dressing
	Celery Sticks	Colby Cheese Omelet	Steamed Green Beans	Crisp Broccoli, Carrot Slims & Dip	Fresh Cut Apple Wedges
	WG Dinner Roll	Baby Carrots & Dip	Banana	Fresh Honeydew Chunks	Choice Milk
	Fruit Cup & Choice Milk	Fresh Orange & Choice Milk	Fava Bean Crisps & Choice Milk	Choice Milk	Yahoo! Special Chips Day! Nacho Cheese Doritos
	Monday, 12/22/2025	Tuesday, 12/23/2025	Wednesday, 12/24/2025	Thursday, 12/25/2025	Friday, 12/26/2025
Week IV HOT MEAL	Premium Chicken Nuggets	Cheeseburger	Alfredo Penne	Pulled Chicken Taco	Fresh Hot Delivered Pizza
	Mix or Match Sauce Ketchup & Lime Mayo	Bun, Chz Slice, Ketchup & Mayo	Sliced Cucumbers & Dip	Seasoned Pulled Chicken Taco, WG Tortilla	Caesar Salad (Fresh Greens, Croutons, Cheese & Caesar Dressing)
	Carrot Slims & Dip	Potato Smiles	Bananas	Fill the taco with Shred Lettuce, Shred Cheddar Cheese & Crema	Fresh Cut Apple Wedges
	Fruit Cup	Fresh Orange	Choice Milk	Cheesy Refried Beans	Choice Milk
	WG Roll & Choice Milk	Choice Milk	Woohoo! Special Treat Day! Confetti Cookie	Fresh Honeydew Chunks & Choice Milk	
	Monday, 12/29/2025	Tuesday, 12/30/2025	Wednesday, 12/31/2025		
Week V HOT MEAL	Crispy Chicken Tenders	Macaroni Pasta w/ Spaghetti Meatballs	Mandarin Orange Chicken		
	Ketchup	Marinara Meatballs served with WG Buttered Macaroni	Veggie Fried Rice		
	Potato Stix w/ Ketchup	Top with Shred Mozzarella (Served on side)	Salad Greens & Dressing		
	WG Dinner Roll & Carrot Slims	Celery Sticks, Carrots & Dip	Banana		
	Fruit Cup & Choice Milk	Fresh Orange & Choice Milk	Choice Milk		

Skim & 1% milk served daily.

This menu uses WG products and 100% full-strength juices in all featured places. Check page 2 to know more about what goes into our menus and to take a peek at the upcoming menu plan.

This menu is 100% pork-free.

WHAT GOES INTO OUR MENUS?

All bread /bread products /chips /tortillas /pastas listed in the menu are whole grain products.

All rice dishes /rice products are made of whole grain brown rice.

All juices listed in the menu are 100% full-strength fruit Juice.

(Menu Subject to Change)					JANUARY 2026	
TASTY		HEALTHY	FUN	VARIETY	BALANCED	
Week V	HOT MEAL				Thursday, 01/01/2026	
					Friday, 01/02/2026	
					Premium Corn Dog	
					Fresh Hot Delivered Pizza	
					Fresh Hot Delivered Pizza	
		WG Chicken Corn Dog Served with Ketchup		Crisp Broccoli Florets		
		CKC Baked Beans		Fresh Cut Apple Wedges		
		Fresh Honeydew Chunks Cubes & Choice Milk		Choice Milk		
		Hooray! Special Chips Day! Cool Ranch Doritos				