

## NOVEMBER 2025

## TASTY

## HEALTHY

## FUN

## VARIETY

## BALANCED

Name of the menu : K-8 A Breakfast w Cereal Menu

Meal Pattern : NSLP

Grade : K-8 Grades

Meal : Breakfast

	Monday, 11/3/2025	Tuesday, 11/4/2025	Wednesday, 11/5/2025	Thursday, 11/6/2025	Friday, 11/7/2025
Week III BREAKFAST	<b>Assorted Cereal Bowl</b>	<b>Apple Muffin</b>	<b>Vanilla Waffle</b>	<b>Cinnamon Swirls</b>	<b>Fun Friday Breakfast</b>
	100% 4.23 oz Fruit Juice	100% 4.23 oz Fruit Juice	100% 4.23 oz Fruit Juice	100% 4.23 oz Fruit Juice	<b>Donut Pull Aparts</b>
	Choice Milk & Second Fruit	Choice Milk & Second Fruit	Choice Milk & Second Fruit	Choice Milk & Second Fruit	100% 4.23 oz Fruit Juice
					Choice Milk & Second Fruit
	Entrée of the Day is 2 Whole Grain Items Equivalent.				
	Monday, 11/10/2025	Tuesday, 11/11/2025	Wednesday, 11/12/2025	Thursday, 11/13/2025	Friday, 11/14/2025
Week IV BREAKFAST	<b>Assorted Cereal Bowl</b>	<b>Cranberry Oatmeal Bar</b>	<b>Lemon Poppyseed Snackbread</b>	<b>Glazed Breakfast Bites</b>	<b>Fun Friday Breakfast</b>
	100% 4.23 oz Fruit Juice	100% 4.23 oz Fruit Juice	100% 4.23 oz Fruit Juice	100% 4.23 oz Fruit Juice	<b>Apple Cinnamon Brekkie</b>
	Choice Milk & Second Fruit	Choice Milk & Second Fruit	Choice Milk & Second Fruit	Choice Milk & Second Fruit	100% 4.23 oz Fruit Juice
					Choice Milk & Second Fruit
	Entrée of the Day is 2 Whole Grain Items Equivalent.				
	Monday, 11/17/2025	Tuesday, 11/18/2025	Wednesday, 11/19/2025	Thursday, 11/20/2025	Friday, 11/21/2025
Week V BREAKFAST	<b>Assorted Cereal Bowl</b>	<b>Blueberry Waffle</b>	<b>French Toast Loaf</b>	<b>Banana Bread Super Slice</b>	<b>Fun Friday Hot Breakfast</b>
	100% 4.23 oz Fruit Juice	100% 4.23 oz Fruit Juice	100% 4.23 oz Fruit Juice	100% 4.23 oz Fruit Juice	<b>Glazed Donut</b>
	Choice Milk & Second Fruit	Choice Milk & Second Fruit	Choice Milk & Second Fruit	Choice Milk & Second Fruit	100% 4.23 oz Fruit Juice
					Choice Milk & Second Fruit
	Entrée of the Day is 2 Whole Grain Items Equivalent.				
	Monday, 11/24/2025	Tuesday, 11/25/2025	Wednesday, 11/26/2025	Thursday, 11/27/2025	Friday, 11/28/2025
Week VI BREAKFAST	<b>Assorted Cereal Bowl</b>	<b>Pumpkin Muffin</b>	<b>Sliced Bagel w/ Strawberry Cream Cheese</b>	<b>Honey Breakfast Bun</b>	<b>Fun Friday Breakfast</b>
	100% 4.23 oz Fruit Juice	100% 4.23 oz Fruit Juice	100% 4.23 oz Fruit Juice	100% 4.23 oz Fruit Juice	<b>Dunkin Stix</b>
	Choice Milk & Second Fruit	Choice Milk & Second Fruit	Choice Milk & Second Fruit	Choice Milk & Second Fruit	100% 4.23 oz Fruit Juice
					Choice Milk & Second Fruit
	Entrée of the Day is 2 Whole Grain Items Equivalent.				

\*\*\* Three Items meet USDA requirements (One Item must be fruit).

Skim &amp; 1% milk served daily.

This menu is 100% pork-free.

This menu uses WG products and 100% full-strength juices in all featured places. Check page 2 to know more about what goes into our menus and to take a peek at the upcoming menu plan.

### The Power of Fruits in School Meals

From fresh and frozen to canned, dried and 100% juice, all forms of fruit have a place on our school meal menus. Whether it's enjoying a juicy water melon at lunch or enjoying a handful of raisins as a snack, every fruit choice contributes to one's overall health and well-being. Fruit is packed with essential vitamins, minerals and antioxidants that promote overall health and well-being. Whether it's the vitamin C boost from citrus fruits, the potassium-rich goodness of bananas or the fiber-packed sweetness of apples, each fruit offers its unique nutritional benefits. By incorporating a variety of fruits into our school meals, we provide students with a range of nutrients to help them thrive both in and out of the classroom.

### WHAT GOES INTO OUR MENUS?

All bread /bread products /chips /tortillas /pastas listed in the menu are whole grain products.

All rice dishes /rice products are made of whole grain brown rice.

All juices listed in the menu are 100% full-strength fruit Juice.

(Menu Subject to Change)					DECEMBER 2025	
TASTY		HEALTHY	FUN	VARIETY	BALANCED	
Week I BREAKFAST	Monday, 12/1/2025	Tuesday, 12/2/2025	Wednesday, 12/3/2025	Thursday, 12/4/2025	Friday, 12/5/2025	
	Assorted Cereal Bowl	Blueberry Pomegranate Breakfast Bar	Banana Muffin	Apple Breakfast Bites	Fun Friday Breakfast	
					Chocolate Cake Donut	
	100% 4.23 oz Fruit Juice	100% 4.23 oz Fruit Juice	100% 4.23 oz Fruit Juice	100% 4.23 oz Fruit Juice		
	Choice Milk & Second Fruit	Choice Milk & Second Fruit	Choice Milk & Second Fruit	Choice Milk & Second Fruit	100% 4.23 oz Fruit Juice Choice Milk & Second Fruit	
	Entrée of the Day is 2 Whole Grain Items Equivalent.					
Week II BREAKFAST	Monday, 12/8/2025	Tuesday, 12/9/2025	Wednesday, 12/10/2025	Thursday, 12/11/2025	Friday, 12/12/2025	
	Assorted Cereal Bowl	Sliced Bagel w/ Strawberry Cream Cheese	French Toast Breakfast Bar	Pumpkin Bread Super Slice	Fun Friday Breakfast	
					Brekkie	
	100% 4.23 oz Fruit Juice	100% 4.23 oz Fruit Juice	100% 4.23 oz Fruit Juice	100% 4.23 oz Fruit Juice		
	Choice Milk & Second Fruit	Choice Milk & Second Fruit	Choice Milk & Second Fruit	Choice Milk & Second Fruit	100% 4.23 oz Fruit Juice Choice Milk & Second Fruit	
	Entrée of the Day is 2 Whole Grain Items Equivalent.					