

JANUARY 2026

TASTY

HEALTHY

FUN

VARIETY

BALANCED

Name of the menu : North Metro Flex Academy Lunch Menu

Grade : K-8 Grades

Meal Pattern : NSLP

Meal : Lunch

Week V	HOT MEAL	Thursday, 01/01/2026				Friday, 01/02/2026
		Premium Corn Dog				Fresh Hot Delivered Pizza
		WG Chicken Corn Dog Served with Ketchup				Crisp Broccoli Florets
		CKC Baked Beans & Sliced Cucumbers				Fresh Cut Apple Wedges
		Fresh Honeydew Chunks Cubes & Choice Milk				Choice Milk
		Hooray! Special Chips Day! Cool Ranch Doritos				
Week VI	HOT MEAL	Monday, 01/05/2026	Tuesday, 01/06/2026	Wednesday, 01/07/2026	Thursday, 01/08/2026	Friday, 01/09/2026
		Pop-Chicken & Cheesy Hashbrowns	Classic Hamburger	Brunch Lunch	Walking Taco	Fresh Hot Delivered Pizza
		Popcorn Chicken w/ Ketchup	WG Bun , Pickles & Ketchup	Chicken Pancake Bites w/ Syrup	Nacho Doritos, Seasoned Beef Taco	Greens Salad & Dressing
		Creamy Cheesy Hashbrowns	Steamed Corn	Baby Carrots w/ Ranch	Fill with Shred Lettuce, Shred Cheddar Cheese & Mild Salsa	Fresh Cut Apple Wedges
		Crisp Celery & Dip	Fresh Orange & Choice Milk	Banana	Cheesy Refried Beans	Choice Milk
		Fruit Cup & Choice Milk	Woohoo! Special Treat Day! Brownie Chocolate Chip Cookie	Choice Milk	Fresh Honeydew Chunks & Choice Milk	
Week I	HOT MEAL	Monday, 1/12/2026	Tuesday, 1/13/2026	Wednesday, 1/14/2026	Thursday, 1/15/2026	Friday, 1/16/2026
		Premium Chicken Patty Sandwich	Brunch Lunch	Beef Pretzel Dog	Asian Chicken Dumplings	Fresh Hot Delivered Pizza
		WG Bun & Ketchup	French Toast Sticks w/ Syrup PC	Served with Ketchup	Teriyaki Dip	Sliced Cucumbers & Dip
		Fava Bean Crisps	Baby Carrots w/ Ranch	Steamed Corn & Cucumbers	Steamed Broccoli	Fresh Cut Apple Wedges
		Carrot Slims	Fresh Orange	Banana & Choice Milk	Fresh Honeydew Chunks	Choice Milk
		Fruit Cup & Choice Milk	Choice Milk	Yahoo! Special Chips Day! Baked Cheetos	Choice Milk	
Week II	HOT MEAL	Monday, 1/19/2026	Tuesday, 1/20/2026	Wednesday, 1/21/2026	Thursday, 1/22/2026	Friday, 1/23/2026
		All Beef Hot Dog	Twin Faves Day	Beef Taco	Chicken Tender Shack	Fresh Hot Delivered Pizza
		Hot Dog Bun, Ketchup & Mustard	Chicken Nuggets w/ Ketchup	Seasoned Beef Taco, WG Tortilla	Chicken Tenders, WG Bun & Coleslaw	Paired with Chopped Italian Salad
		Steamed Corn	Creamy Mac & Cheese	Fill the taco with Shred Lettuce, Shred Cheddar Cheese & Salsa	Enjoy as a sandwich or savor the tenders solo with the ketchup(served with the meal)	(Romaine, Shred Carrots & Grape Tomatoes with Italian Dressing)
		Fruit Cup & Choice Milk	Celery & Carrots	Cheesy Refried Beans	Sliced Cucumbers w/ Dip	Fresh Cut Apple Wedges
		Hooray! Special Chips Day! Cool Ranch Doritos	Fresh Orange & Choice Milk	Banana & Choice Milk	Fresh Honeydew Chunks & Choice Milk	Choice Milk
Week III	HOT MEAL	Monday, 1/26/2026	Tuesday, 1/27/2026	Wednesday, 1/28/2026	Thursday, 1/29/2026	Friday, 1/30/2026
		Roasted Chicken Drumstick	Brunch Lunch	Hot Italian Beef Meatball Sub	Sweet & Sour Chicken	Fresh Hot Delivered Pizza
		Mashed Potatoes	Buttermilk Pancakes w/ Syrup	Marinara Meatballs, WG Sub, Mozzarella Cheese (Served Separately)	Steamed Seasoned Rice	Salad Greens & Dressing
		Celery Sticks	Colby Cheese Omelet	Sliced Cucumbers	Crisp Broccoli, Carrot Slims & Dip	Fresh Cut Apple Wedges
		WG Dinner Roll	Baby Carrots & Dip	Banana	Fresh Honeydew Chunks	Choice Milk
		Fruit Cup & Choice Milk	Fresh Orange & Choice Milk	Fava Bean Crisps & Choice Milk	Choice Milk	Yahoo! Special Chips Day! Nacho Cheese Doritos
Skim & 1% milk served daily.						This menu is 100% pork-free.
This menu uses WG products and 100% full-strength juices in all featured places. Check page 2 to know more about what goes into our menus and to take a peek at the upcoming menu plan.						

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WHAT GOES INTO OUR MENUS?

All bread /bread products /chips /tortillas /pastas listed in the menu are whole grain products.

All rice dishes /rice products are made of whole grain brown rice.

All juices listed in the menu are 100% full-strength fruit Juice.

(Menu Subject to Change)					
FEBRUARY 2026					
	TASTY	HEALTHY	FUN	VARIETY	BALANCED
Week IV	Monday, 02/02/2026	Tuesday, 02/03/2026	Wednesday, 02/04/2026	Thursday, 02/05/2026	Friday, 02/06/2026
HOT MEAL	Premium Chicken Nuggets Mix or Match Sauce Ketchup & Lime Mayo Carrot Slims & Dip Fruit Cup WG Roll & Choice Milk	Cheeseburger Bun, Chz Slice, Ketchup & Mayo Potato Smiles Fresh Orange Choice Milk	Alfredo Penne Sliced Cucumbers & Dip Bananas Choice Milk Woohoo! Special Treat Day! Confetti Cookie	Pulled Chicken Taco Seasoned Pulled Chicken Taco, WG Tortilla Fill the taco with Shred Lettuce, Shred Cheddar Cheese & Crema Cheesy Refried Beans Fresh Honeydew Chunks & Choice Milk	Fresh Hot Delivered Pizza Caesar Salad (Fresh Greens, Croutons, Cheese & Caesar Dressing) Fresh Cut Apple Wedges Choice Milk
Week V	Monday, 02/09/2026	Tuesday, 02/10/2026	Wednesday, 02/11/2026		
HOT MEAL	Crispy Chicken Tenders Ketchup Potato Stix w/ Ketchup WG Dinner Roll & Carrot Slims Fruit Cup & Choice Milk	Penne Pasta w/ Spaghetti Meatballs Marinara Meatballs served with WG Buttered Penne Top with Shred Mozzarella (Served on side) Celery Sticks, Carrots & Dip Fresh Orange & Choice Milk	Mandarin Orange Chicken Veggie Fried Rice Salad Greens & Dressing Banana Choice Milk		