

JANUARY 2026

TASTY

HEALTHY

FUN

VARIETY

BALANCED

Name of the menu : North Metro Flex Academy Lunch Menu

Grade : K-8 Grades

Meal Pattern : NSLP

Meal : Lunch

Week V	HOT MEAL	JANUARY 2026					
		Thursday, 01/01/2026	Friday, 01/02/2026				
		Premium Corn Dog WG Chicken Corn Dog Served with Ketchup	Fresh Hot Delivered Pizza Crisp Broccoli Florets				
		CKC Baked Beans & Sliced Cucumbers	Fresh Cut Apple Wedges				
		Fresh Honeydew Chunks Cubes & Choice Milk	Choice Milk				
		Hooray! Special Chips Day! Cool Ranch Doritos					
Week VI	HOT MEAL	Monday, 01/05/2026	Tuesday, 01/06/2026	Wednesday, 01/07/2026	Thursday, 01/08/2026	Friday, 01/09/2026	
		Pop-Chicken & Cheesy Hashbrowns Popcorn Chicken w/ Ketchup	Classic Hamburger WG Bun , Pickles & Ketchup	Brunch Lunch Chicken Pancake Bites w/ Syrup	Walking Taco Nacho Doritos, Seasoned Beef Taco	Fresh Hot Delivered Pizza Greens Salad & Dressing	
		Creamy Cheesy Hashbrowns	Steamed Corn	Baby Carrots w/ Ranch	Fill with Shred Lettuce, Shred Cheddar Cheese & Mild Salsa	Fresh Cut Apple Wedges	
		Crisp Celery & Dip	Fresh Orange & Choice Milk	Banana	Cheesy Refried Beans	Choice Milk	
		Fruit Cup & Choice Milk	Woohoo! Special Treat Day! Brownie Chocolate Chip Cookie		Choice Milk		
Week I	HOT MEAL	Monday, 1/12/2026	Tuesday, 1/13/2026	Wednesday, 1/14/2026	Thursday, 1/15/2026	Friday, 1/16/2026	
		Premium Chicken Patty Sandwich WG Bun & Ketchup	Brunch Lunch French Toast Sticks w/ Syrup PC	Beef Pretzel Dog Served with Ketchup	Asian Chicken Dumplings Teriyaki Dip	Fresh Hot Delivered Pizza Sliced Cucumbers & Dip	
		Fava Bean Crisps	Baby Carrots w/ Ranch	Steamed Corn & Cucumbers	Steamed Broccoli	Fresh Cut Apple Wedges	
		Carrot Slims	Fresh Orange	Banana & Choice Milk	Fresh Honeydew Chunks	Choice Milk	
		Fruit Cup & Choice Milk	Choice Milk	Yahoo! Special Chips Day! Baked Cheetos		Choice Milk	
Week II	HOT MEAL	Monday, 1/19/2026	Tuesday, 1/20/2026	Wednesday, 1/21/2026	Thursday, 1/22/2026	Friday, 1/23/2026	
		All Beef Hot Dog Hot Dog Bun, Ketchup & Mustard	Twin Faves Day Chicken Nuggets w/ Ketchup	Beef Taco Seasoned Beef Taco, WG Tortilla	Chicken Tender Shack Chicken Tenders, WG Bun & Coleslaw	Fresh Hot Delivered Pizza Paired with Chopped Italian Salad	
		Steamed Corn	Creamy Mac & Cheese	Fill the taco with Shred Lettuce, Shred Cheddar Cheese & Salsa	Enjoy as a sandwich or savor the tenders solo with the ketchup(served with the meal)	(Romaine, Shred Carrots & Grape Tomatoes with Italian Dressing)	
		Fruit Cup & Choice Milk	Celery & Carrots	Cheesy Refried Beans	Sliced Cucumbers w/ Dip	Fresh Cut Apple Wedges	
		Hooray! Special Chips Day! Cool Ranch Doritos		Banana & Choice Milk	Fresh Honeydew Chunks & Choice Milk	Choice Milk	
Week III	HOT MEAL	Monday, 1/26/2026	Tuesday, 1/27/2026	Wednesday, 1/28/2026	Thursday, 1/29/2026	Friday, 1/30/2026	
		Roasted Chicken Drumstick Mashed Potatoes	Brunch Lunch Buttermilk Pancakes w/ Syrup	Hot Italian Beef Meatball Sub Marinara Meatballs, WG Sub, Mozzarella Cheese (Served Separately)	Sweet & Sour Chicken Steamed Seasoned Rice	Fresh Hot Delivered Pizza Salad Greens & Dressing	
		Celery Sticks	Colby Cheese Omelet	Sliced Cucumbers	Crisp Broccoli, Carrot Slims & Dip	Fresh Cut Apple Wedges	
		WG Dinner Roll	Baby Carrots & Dip	Banana	Fresh Honeydew Chunks	Choice Milk	
		Fruit Cup & Choice Milk	Fresh Orange & Choice Milk	Fava Bean Crisps & Choice Milk	Choice Milk	Yahoo! Special Chips Day! Nacho Cheese Doritos	

Skim & 1% milk served daily.

This menu uses WG products and 100% full-strength juices in all featured places. Check page 2 to know more about what goes into our menus and to take a peek at the upcoming menu plan.

This menu is 100% pork-free.

WHAT GOES INTO OUR MENUS?

All bread /bread products /chips /tortillas /pastas listed in the menu are whole grain products.

All rice dishes /rice products are made of whole grain brown rice.

All juices listed in the menu are 100% full-strength fruit Juice.

(Menu Subject to Change)

FEBRUARY 2026

	TASTY	HEALTHY	FUN	VARIETY	BALANCED
Week IV HOT MEAL	Monday, 02/02/2026	Tuesday, 02/03/2026	Wednesday, 02/04/2026	Thursday, 02/05/2026	Friday, 02/06/2026
	Premium Chicken Nuggets Mix or Match Sauce Ketchup & Lime Mayo	Cheeseburger Bun, Chz Slice, Ketchup & Mayo	Alfredo Penne Sliced Cucumbers & Dip	Pulled Chicken Taco Seasoned Pulled Chicken Taco, WG Tortilla	Fresh Hot Delivered Pizza Caesar Salad (Fresh Greens, Croutons, Cheese & Caesar Dressing)
	Carrot Slims & Dip	Potato Smiles	Bananas	Fill the taco with Shred Lettuce, Shred Cheddar Cheese & Crema	Fresh Cut Apple Wedges
	Fruit Cup	Fresh Orange	Choice Milk	Cheesy Refried Beans	Choice Milk
	WG Roll & Choice Milk	Choice Milk	Woohoo! Special Treat Day! Confetti Cookie	Fresh Honeydew Chunks & Choice Milk	
Week V HOT MEAL	Monday, 02/09/2026	Tuesday, 02/10/2026	Wednesday, 02/11/2026		
	Crispy Chicken Tenders Ketchup	Penne Pasta w/ Spaghetti Meatballs Marinara Meatballs served with WG Buttered Penne	Mandarin Orange Chicken Veggie Fried Rice		
	Potato Stix w/ Ketchup	Top with Shred Mozzarella (Served on side)	Salad Greens & Dressing		
	WG Dinner Roll & Carrot Slims	Celery Sticks, Carrots & Dip	Banana		
	Fruit Cup & Choice Milk	Fresh Orange & Choice Milk	Choice Milk		