



MAY 2026

TASTY

HEALTHY

FUN

VARIETY

BALANCED

Name of the menu : North Metro Flex Academy Lunch Menu

Grade : K-8 Grades

Meal Pattern : NSLP

Meal : Lunch

Week IV HOT MEAL					Friday, 5/1/2026
					<p>Fresh Hot Delivered Pizza</p> <p>Caesar Salad (Fresh Greens, Croutons, Cheese & Caesar Dressing)</p> <p>Fresh Cut Apple Wedges</p> <p>Choice Milk</p>

	Monday, 5/4/2026	Tuesday, 5/5/2026	Wednesday, 5/6/2026	Thursday, 5/7/2026	Friday, 5/8/2026
Week V HOT MEAL	<p>Crispy Chicken Tenders</p> <p>Ketchup</p> <p>Mashed Potatoes</p> <p>WG Dinner Roll & Carrot Slims</p> <p>Fruit Cup & Choice Milk</p>	<p>Penne Pasta w/ Spaghetti Meatballs</p> <p>Marinara Meatballs served with WG Buttered Penne</p> <p>Top with Shred Mozzarella (Served on side)</p> <p>Celery Sticks, Carrots & Dip</p> <p>Fresh Orange & Choice Milk</p>	<p>Mandarin Orange Chicken</p> <p>Veggie Fried Rice</p> <p>Salad Greens & Dressing</p> <p>Banana</p> <p>Choice Milk</p>	<p>Premium Corn Dog</p> <p>WG Chicken Corn Dog Served with Ketchup</p> <p>CKC Baked Beans & Sliced Cucumbers</p> <p>Fresh Watermelon Cubes Cubes & Choice Milk</p> <p>Hooray! Special Chips Day! Cool Ranch Doritos</p>	<p>Fresh Hot Delivered Pizza</p> <p>Crisp Broccoli Florets</p> <p>Fresh Cut Apple Wedges</p> <p>Choice Milk</p>

	Monday, 5/11/2026	Tuesday, 5/12/2026	Wednesday, 5/13/2026	Thursday, 5/14/2026	Friday, 5/15/2026
Week VI HOT MEAL	<p>Pop-Chicken & Cheesy Hashbrowns</p> <p>Popcorn Chicken w/ Ketchup</p> <p>Creamy Cheesy Hashbrowns</p> <p>Crisp Celery & Dip</p> <p>Fruit Cup & Choice Milk</p>	<p>Classic Hamburger</p> <p>WG Bun , Pickles & Ketchup</p> <p>Baby Carrots w/ Ranch</p> <p>Fresh Orange & Choice Milk</p> <p>Woo-hoo! Special Treat Day! Brownie Chocolate Chip Cookie</p>	<p>Brunch Lunch</p> <p>Chicken Pancake Bites w/ Syrup</p> <p>Potato Stix w/ Ketchup</p> <p>Sliced Cucumbers</p> <p>Banana & Choice Milk</p>	<p>Walking Taco</p> <p>Nacho Doritos, Seasoned Beef Taco</p> <p>Fill with Shred Lettuce, Shred Cheddar Cheese & Mild Salsa</p> <p>Cheesy Refried Beans</p> <p>Fresh Watermelon Cubes & Choice Milk</p>	<p>Fresh Hot Delivered Pizza</p> <p>Greens Salad & Dressing</p> <p>Fresh Cut Apple Wedges</p> <p>Choice Milk</p>

	Monday, 5/18/2026	Tuesday, 5/19/2026	Wednesday, 5/20/2026	Thursday, 5/21/2026	Friday, 5/22/2026
Week I HOT MEAL	<p>Premium Chicken Patty Sandwich</p> <p>WG Bun & Ketchup</p> <p>Baked Beans</p> <p>Carrot Slims</p> <p>Fruit Cup & Choice Milk</p>	<p>Brunch Lunch</p> <p>French Toast Sticks w/ Syrup PC</p> <p>Baby Carrots w/ Ranch</p> <p>Fresh Orange</p> <p>Choice Milk</p>	<p>Beef Pretzel Dog</p> <p>Served with Ketchup</p> <p>Steamed Corn & Cucumbers</p> <p>Banana & Choice Milk</p> <p>Yahoo! Special Chips Day! Baked Cheetos</p>	<p>Asian Chicken Dumplings</p> <p>Teriyaki Dip</p> <p>Steamed Broccoli</p> <p>Fresh Watermelon Cubes</p> <p>Choice Milk</p>	<p>Fresh Hot Delivered Pizza</p> <p>Sliced Cucumbers & Dip</p> <p>Fresh Cut Apple Wedges</p> <p>Choice Milk</p>

	Monday, 5/25/2026	Tuesday, 5/26/2026	Wednesday, 5/27/2026	Thursday, 5/28/2026	Friday, 5/29/2026
Week II HOT MEAL	<p>All Beef Hot Dog</p> <p>Hot Dog Bun, Ketchup & Mustard</p> <p>Steamed Corn</p> <p>Fruit Cup & Choice Milk</p> <p>Hooray! Special Chips Day! Cool Ranch Doritos</p>	<p>Twin Favus Day</p> <p>Chicken Nuggets w/ Ketchup</p> <p>Creamy Mac & Cheese</p> <p>Celery & Carrots</p> <p>Fresh Orange & Choice Milk</p>	<p>Beef Taco</p> <p>Seasoned Beef Taco, WG Tortilla</p> <p>Fill the taco with Shred Lettuce, Shred Cheddar Cheese & Salsa</p> <p>Cheesy Refried Beans</p> <p>Banana & Choice Milk</p>	<p>Premium Chicken Tenders</p> <p>Ketchup</p> <p>Sliced Cucumbers w/ Dip</p> <p>WG Roll</p> <p>Fresh Watermelon Cubes & Choice Milk</p>	<p>Fresh Hot Delivered Pizza</p> <p>Paired with Chopped Italian Salad</p> <p>(Romaine, Shred Carrots & Grape Tomatoes with Italian Dressing)</p> <p>Fresh Cut Apple Wedges</p> <p>Choice Milk</p>

Assorted Fluid Milk / Fluid Milk Substitute Choices offered.

This menu uses WG products and 100% full-strength juices in all featured places. Check page 2 to know more about what goes into our menus and to take a peek at the upcoming menu plan.

This menu is 100% pork-free.



WHAT GOES INTO OUR MENUS?

All bread /bread products /chips /tortillas /pastas listed in the menu are whole grain products.

All rice dishes /rice products are made of whole grain brown rice.

All juices listed in the menu are 100% full-strength fruit Juice.

(Menu Subject to Change)

JUNE 2026

	TASTY	HEALTHY	FUN	VARIETY	BALANCED
	Monday, 6/1/2026	Tuesday, 6/2/2026	Wednesday, 6/3/2026	Thursday, 6/4/2026	Friday, 6/5/2026
Week III HOT MEAL	Roasted Chicken Drumstick Pinto Beans Celery Sticks WG Dinner Roll Fruit Cup & Choice Milk	Chicken Hash Shredded Chicken & Hashbrowns Bake Top with Sour Cream & Shred Cheddar Corn Muffin Baby Carrots, Fresh Orange & Choice Milk	Hot Italian Beef Meatball Sub Marinara Meatballs, WG Sub, Mozzarella Cheese (Served Separately) Steamed Peas Banana Choice Milk	Sweet & Sour Chicken Steamed Seasoned Rice Crisp Broccoli, Carrot Slims & Dip Fresh Watermelon Cubes Choice Milk	Fresh Hot Delivered Pizza Salad Greens & Dressing Fresh Cut Apple Wedges Choice Milk Yahoo! Special Chips Day! Nacho Cheese Doritos
	Monday, 6/8/2026	Tuesday, 6/9/2026	Wednesday, 6/10/2026	Thursday, 6/11/2026	
Week IV HOT MEAL	Premium Chicken Nuggets Ketchup Carrot Slims & Dip Fruit Cup WG Roll & Choice Milk	Cheeseburger Bun, Chz Slice & Ketchup Potato Smiles Fresh Orange Choice Milk	Creamy Mac & Cheese Steamed Green Beans Banana Choice Milk Woohoo! Special Treat Day! Confetti Cookie	Pulled Chicken Taco Seasoned Pulled Chicken Taco, WG Tortilla Fill the taco with Shred Lettuce, Shred Cheddar Cheese & Crema Cheesy Refried Beans Fresh Watermelon Cubes & Choice Milk	